### Marion Unit #2 K-12 Breakfast Menu December 2023

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Sausage, Egg &
				Cheese on
				English Muffin
4	5	6	7	8
Oatmeal	Egg & Cheese	Biscuits &	Pancakes with	Sausage &
OR	Quesadilla with	Sausage Gravy	Maple Syrup &	Cheese Biscuit
Yogurt	Salsa		Sausage	Sandwich
11	12	13	14	15
Oatmeal	Breakfast Pizza	Biscuits &	French Toast	Sausage, Egg &
OR		Sausage Gravy	Sticks with	Cheese on
Yogurt			Maple Syrup &	English Muffin
			Sausage	
18	19	20	21	22
No School				
Christmas Break				
25	26	27	28	29
Merry	No School	No School	No School	No School
Christmas	Christmas Break	Christmas Break	Christmas Break	Christmas Break

	Breakfast	Lunch
Student	\$2.00	\$3.25
Reduced	\$0.30	\$0.40
Adult	\$3.00	\$4.25

# Cereal, Toast & Jelly Offered Daily as Alternative All Meals Served with Fruit or Juice & Milk

#### Offer VS. Serve

Students do not have to take all food items, but at breakfast they must take 3 items including the juice or fruit. At lunch they must take 3 items from the 5 food groups offered (Grain, Fruit, Vegetable, Meat/Meat Alternate, Milk) and one item must be a fruit or vegetable.

## MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO AVAILABILITY OF FOOD

Rhonda Woods, Food Service Manager 618-993-2321 rwoods@marionunit2.org

Marion Unit #2 is an equal opportunity provider and employer.

### Marion Unit #2 K-12 Lunch Menu December 2023

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Chicken Sandwich
				OR
				Spicy Chicken
				Sandwich
				Mashed Potatoes,
				Green Beans, Fruit
4	5	6	7	8
Cheeseburger	Chili	Chicken Nuggets	Turkey Roast,	Pizza
OR	OR	OR	Mashed Potatoes	OR
Meatball Sub	Baked Potato	Fish Sandwich	w/Gravy, Green	Hot Ham & Cheese
5 15: 51.			Beans, Hot Rolls,	Sandwich
French Fries, Baked	Hot Dog, Carrots	Macaroni & Cheese,	Dessert	Lattura Calad Cam
Beans, Fruit	w/Ranch, Fruit	Cauliflower w/Ranch,		Lettuce Salad, Corn,
4.4	Juice, Pudding	Fruit	4.4	Jello w/Fruit
11	12	13	14	15
Cheeseburger	Beef Taco	Chicken Nuggets	Sloppy Joe	11.16 5
OR	OR T	OR 5:1 6 1:1	OR	Half Day
Meatball Sub	Chicken Taco	Fish Sandwich	Corndog	NO LUNCH
Tater Tots, Baked	Mexican Rice,	Mashed Potatoes,	Steamed Broccoli	
Beans, Fruit	Lettuce & Tomato	Green Beans, Fruit	w/Cheese Sauce,	
	Salad, Fruit Juice	•	Fruit Juice, Cookie	
18	19	20	21	22
No School	No School	No School	No School	No School
Christmas Break	Christmas Break	Christmas Break	Christmas Break	Christmas Break
	6 6	6		
	RE			
(2)	(a) (b)		(60)	) (0)
25	26	27	28	29
Merry Christmas	No School	No School	No School	No School
<u>\$</u>	Christmas Break	Christmas Break	Christmas Break	Christmas Break
	0 0			0 0
			6 6	
_		w) (0)		(1)

	Breakfast	Lunch
Student	\$2.00	\$3.25
Reduced	\$0.30	\$0.40
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#### Offer VS. Serve

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AfterCats Snacks
Monday – Chips
Tuesday – Cookie
Wednesday – Cereal
Thursday – Fruit Cup
Friday – Oreos

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